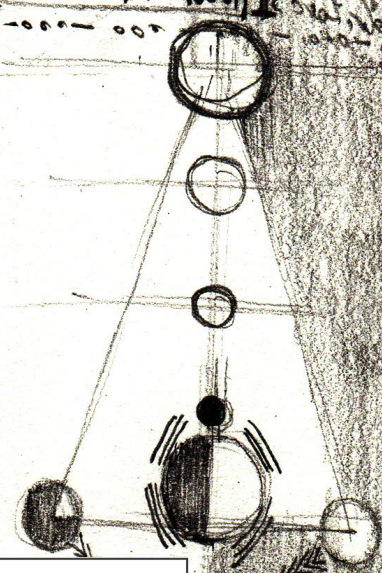


Handwritten text in a cursive script, likely a form of shorthand or a specific dialect, covering the entire page. The text is written in dark ink on aged, slightly stained paper. It appears to be a continuous narrative or a set of instructions, with some lines being more prominent than others. The script is dense and difficult to decipher without knowledge of the specific system used.

IX



Meta-
morphosi

1293VIVV
1293VIVV
1293VIVV

Handwritten text at the bottom of the page, continuing the script from the rest of the document. It includes some numbers and symbols, possibly indicating a page number or a specific section.

Meta- Morphosi

by

Kristian Zera

04.08.2017

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INTRODUCTION

In the Greek language, metamorphosis means transformation. A complete change of physical form or substance, or character. A kind of change that seems to happen by magic.

In the visual arts, metamorphosis may be used to explain all thoughts, feeling, ideas that have undergone a transformation that ends in a 'material' reality (the artwork). Found objects may also undergo metamorphosis.

Metamorphosis comes from the meeting of two words; *meta* and *morphosi*, which can give many different meanings to a single phrase by the way they're used. However, I am keeping only one definition of each word, *Meta* (following or after) and *Morphosi* (knowledge or knowledgeable) through which I started to develop the content of this book. Meta-Morphosi, another transformation. [After Knowledge]

For me, creativity is a continual transformation, an endless artwork. It is an inner sensibility for growth and a quality that lies within each human being. Practice of visual art is 'one' expression of the way we observe the world. By means of metamorphosis art can influence individual development, and this can lead to social transformation.

Meta-Morphosi consists of writings that come after the final stage of an artwork, and it is on experimental stage yet.



POETIC QUALITIES

through feelings becoming visible
thoughts measuring the shadow
sculpting the rising light
through lines becoming movement
| show what | see
within and beyond the physical
through memories becoming eternal

STIMULUS

| paint darkness with light
| evoke the dormant to a lively height
| inspire the winds
 the waves of the ocean
 the fish swimming in the waters
 the trees followers of the mountain
 the birds dependent in the sky
 the rain falling blue
| lie inside the psyche
| influence change

WAVE

the flowing river
filling the endless void
a present continuity
the principle of metamorphosis

CREATIVITY

creating within the Creation itself

the vital force of existence

a bridge from in to out and vice versa

the path of a spiritual practice

a defence breaker

the essential quality of being human

an ongoing flow within and around the beauty of our mysterious lives

MEDITATION

	follower of creativity	
	seeking in the dark	
writing		a reader
speaking		a listener
showing		a viewer
	unfolding the depths	
	approaching the core	

OBSERVATION

aware of the surroundings
they speak through a silent language

| see the vibration
| follow the energy
| hear more than sound
| see more than pigment or matter
| feel their quality
| depict the motion
| behold the beauty according to my inner activity

WALKING

I was born little and naked
without knowledge
unconscious
neither money or property

I had merely feelings
and the smell of my mother's love

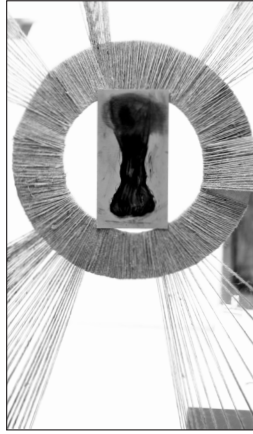
Now, I've walked
walked a lot since
I've got knowledge
got some money
conscious

I'll keep walking
and the smell of my mother's love

Ways to think



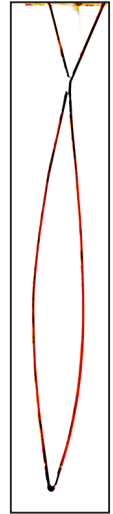
tibia-fibula,
nerves impact,
tilt to touch the
surface of earth,
to move on its
vertical axis,
force equilibrium,
endeavour,
foot, earthing,
for steadiness



the centrer, start-
ing point, disper-
sion of motion
first appearance,
staring the re-
search, directions,
centric, to absorb,
to return



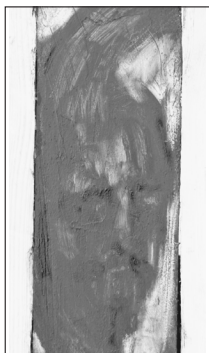
growing con-
sciousness
moving upwards,
to understand,
changing levels, to
go higher, inner
stages, meeting
the past, frame, to
progress, space for
new cosmology



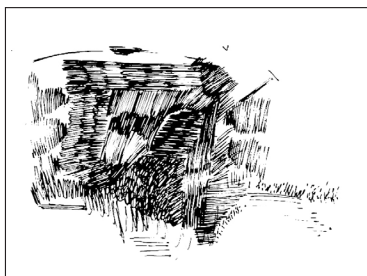
fish, the invis-
ible be able to see
and move at the
same time, to feel
and act, flowing,
following, indi-
vidual, collective,
representing the
depths, mani-
festing the inner
force



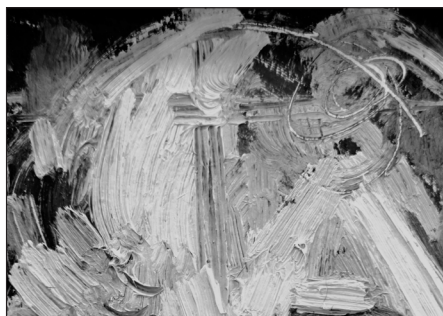
imprint foot print, to affirm, act of existence, moving through history, down track, identity, individual path, to follow, to leave a sign, discharging body energy, to travel, moving from a' to b', mapping the present,



the shadow, the hidden, the unrealized meeting with the other part of the self, conversation, awareness, to accept, to understand, within the dark side, the unknown self, unconscious, fear, affections, social strata, the unwanted, attachments, need to welcome



waves the very act of creating, restless, movement, direction, listening, seeing, feeling, the order of thoughts, memories, within the material, nerves, lines and channels of energy, representation of continuity, the one within the whole, composition, interpretation





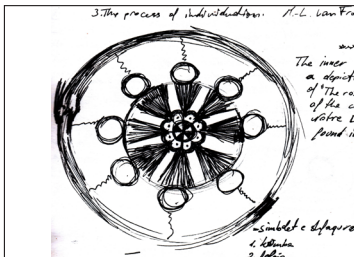
water, current flow, fluid, continuity, thoughts, force of change, immersion, invasion, to occupy, life, abundance, immanent, to pervade, primordial

bud, binding attribute rebirth, new, to adapt, seed, inner structure, to give, to permit, penetration, to spread, rising of dreams, to connect

energy the principle of life, eternity, invisible, intangible, feeling, thought, memory, experience, core of the world, core of the universe, within and without, composition and decomposition of matter, the utter and infinite knowledge

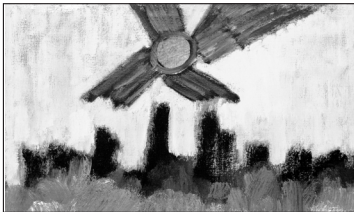


womb birth, fertility, placement, to have and to give, connection, to welcome, creation within a creation, fire, separation, pain, to care, to love

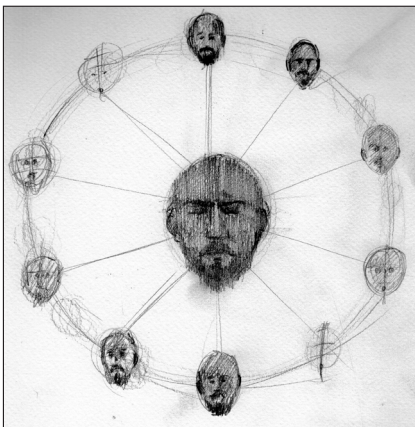


ouroboros and the eight qualities

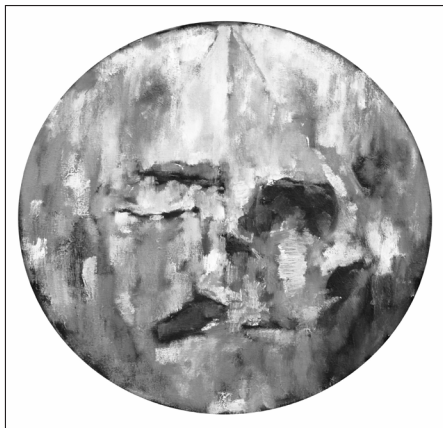
eternity, immateriality, change, creation, limitless, fluid, unique, knowledge, mystery



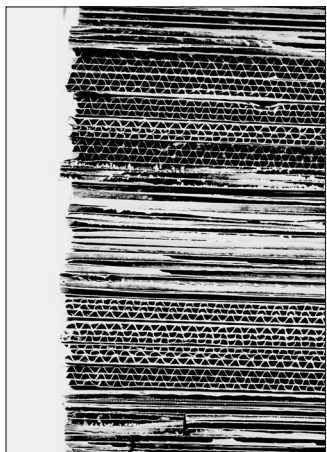
the sun above light, life, warmth, motion, hope, to give, to see, sustainer, vitality, to walk, compassion, to feed, the one, to awake, to enlighten, to share



meditation to search, to observe, to accept, to understand, to find, to rearrange, polarity, to lead, for fulfillment, to connect, to talk, to proceed, to become, help, strength, inner travel, spirituality, memories, to re-experience, exploration, myself and the others, revealer



duality, soul and body matter, energy, nerves, blood, soul, vessel, balance, carrier, awareness, resistance, existence, physicality, individuality, decreasing, age, to go with, remembrance, death



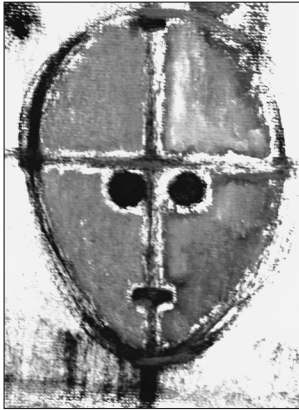
memories deposition, repression, affection, past, personal, consciousness, unconsciousness, confinement, influential, unchangeable, to select, to understand, to leave, to unfold, to observe, to learn, to find peace, to continue



polarity within the self, psyche, feelings, thoughts, desires, the others inside yourself, you inside the others, accepting, learning, to speak, to tell, dialogue, necessity, parallelism, mutual, unity



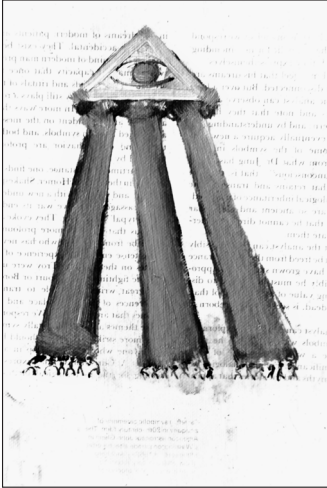
anima feminine inner personality, quality within the psyche, dreams, accomplishment, to see differently, to be understood, messenger, in the unconscious of a man, love, pain, an element of the old-age spirit, archetype



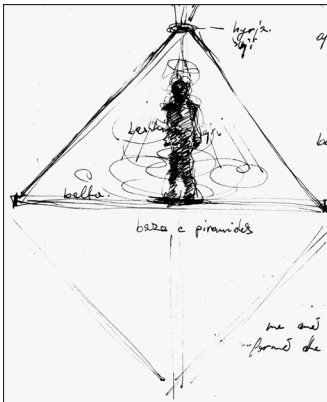
animus masculine inner personality, quality within the psyche, dreams, accomplishment, to see differently, to be understood, messenger, in the unconscious of a woman, love, pain, an element of the old-age spirit, archetype



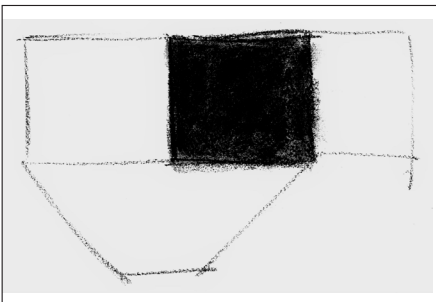
connection, interaction, help sewing, patches, together, collectivity, unity, to recreate, to help, to give and take, to accumulate, to express, transformation, for the same reason, diversity within singularity, society, mankind, strength, no one can live without the other



the eye building to achieve, to touch the highest, to show, making monuments, that is missing inside, slaves, technology, materiality, the wrong eye

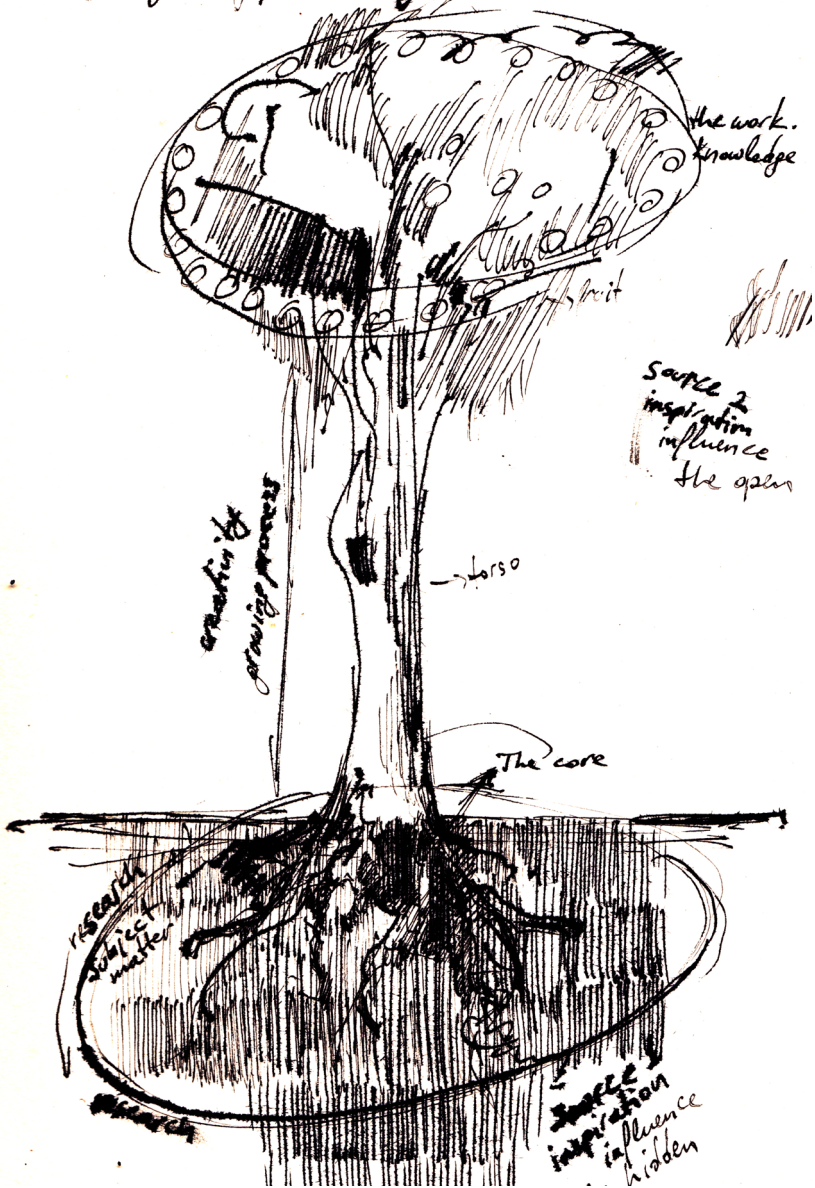


the triangle self world universe, materiality spirituality divinity, to live inside, to explore, to think, to act, to continue the upward way to the unknown



the window, hope new cosmology, creativity, openness, welcoming, waiting, desire, to learn, to perceive, to gain, to give, to enlighten the unknown, the ongoing flow, the upcoming knowledge

The growing personality and its environment



SOURCES

Main influences for my practice and writing

Anselm Kiefer + [Interview: Art is Spiritual]

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Art and the occult. Waldo-Schwartz, Paul

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